

令和6年度 奈良県立大学 地域創造学部 一般選抜（中期日程）小論文問題（その1）

第1問 次の英文を読み、以下の問1に答えなさい。

Here are two Western travelers reflecting on their time abroad, one in Pakistan and the other in Mozambique. The first is a colleague of mine, and the other, a student.

When I visited my family in Pakistan last year, the whole area I was in had power only twelve hours a day. The electricity would be on for an hour, then off for an hour. On again, off again. When I returned home to Seattle, I couldn't flip on the lights in my living room without thinking that my sister in Pakistan couldn't do the same. It took me a long time to not feel overwhelmed with all that I had taken for granted in my regular life.

I lived pretty simply during my time in Mozambique, better than many locals, for sure, but not crazy-extravagant<sup>1)</sup>. When I got home, things that I once thought were normal freaked me out<sup>2)</sup>, like the grocery stores overflowing with stuff and choices. All that stuff and choice paralyzed<sup>3)</sup> me. I just couldn't deal. How could I ever get used to this over-consumptive<sup>4)</sup> lifestyle again? I resisted vehemently<sup>5)</sup> at first, but the sad part is that I sort-of *did* get used to it. I'm holding on to that *sort-of* because that's the part that acknowledges I was somewhere else and knew other ways of living.

Treating the coming-home process as a "thing" gives the well-intentioned<sup>6)</sup> traveler the permission, time, and space to figure out how we feel about our travels and what that means for the world in which we live. Coming home unsettles us, kind of like jetlag<sup>7)</sup>, but bigger, kind of like déjà vu<sup>8)</sup>, but different. If we acknowledge that, yes, the trip is over but our messy<sup>9)</sup> feelings around the journey have yet to be resolved, I think we'd be better able to connect our global experiences and our local lives at home.

(Anu Taranath, "Beyond Guilt Trips: Mindful Travel in an Unequal World", Between the Lines, 2019.)

- 1) extravagant : ぜいたくな 2) freak out : びっくりさせる 3) paralyze : 麻痺状態になる  
4) over-consumptive : 過剰消費的 5) vehemently : 厳しく 6) well-intentioned : 善意の  
7) jetlag : 時差ぼけ 8) déjà vu : 既視感 9) messy : 複雑な

問1 下線部のように、旅行から帰宅後のプロセスはなぜ大事なのか、本文中の2つの事例をふまえて述べなさい。